

Supplemental Security Income (SSI)

What is Supplemental Security Income (SSI)?

SSI helps low-income people meet basic needs. SSI monthly cash payments are available to those who are:

- 65 and older
- Blind
- Disabled

How does it work?

SSI is a monthly payment made to individuals by the US Treasury Department. To qualify you must have little or no income and few resources. This means that the value of your savings, investments and possessions (not including your home or car) must be less than \$2,000 if you are single, or less than \$3,000 if you are married. Unlike unemployment insurance, SSI payments are not based on prior work. To receive SSI, you must also apply for all other available cash benefits. Receiving SSI can make you eligible for other benefits such as Food Stamps or Medicaid.

Additionally, those living in a care home or assisted living facility are also eligible for receiving a small [Supplemental State Payment \(SSP\)](#). This is a monthly cash benefit issued by the state to eligible individuals.

Immigration Status

To receive SSI you must be a US citizen or a member of specific categories of “alien”.

How does one apply?

- Call your local Social Security office.

Contact Information

[Social Security](#)

10230 New Hampshire Ave

Suite 304

Silver Spring, MD 20902

Phone: 1 (800) 772-1213

TTY: 1 (800) 325-0778

Hours: 9AM-4PM, Monday-Friday

Automated phone service available 24 hours a day.

[Social Security Local Office Locator](#)