

MD Women, Infants and Children (WIC) Program

What are Women, Infants and Children (WIC)?

WIC helps low- and moderate-income women who are pregnant, breastfeeding, and/or have children up to 5 years old get the food they need.

How does it work?

WIC participants receive monthly checks or “food instruments” to buy specific foods to improve their diets. Some WIC State agencies give out WIC foods through warehouses or deliver WIC foods. WIC also provides health screenings and medical referrals. The food assistance does not provide all nutritional needs, and aid is based on a woman’s stage of pregnancy and/or the ages of her children.

Income Limits (Effective April 6, 2009)

People in Household*	Yearly Income	Monthly Income	Weekly Income
1	\$20,036	\$1,669	\$385
2	26,955	2,246	518
3	33,874	2,822	651
4	40,793	3,399	784
5	47,712	3,976	917
6	54,631	4,552	1,050
7	61,550	5,129	1,183
8	68,469	5,705	1,316
Each additional person	+6,919	+577	+134

*Count a pregnant woman as 2 people.

Adapted from: Maryland WIC Eligibility. Maryland Department of Health and Mental Hygiene. 28 June 2010.
http://fha.maryland.gov/wic/wic_eligible.cfm

How does one apply?

- Call the local WIC agency or the Maryland WIC State Agency to set up an appointment. The Agency will help you find the nearest location, and tell you what you need to bring with you when you apply.

Contact Information

Montgomery County Community Clinic Inc.

Phone: (301) 762-9426

CCI-WIC Sites

Gaithersburg

200 Girard Street, Suite 212

Gaithersburg, MD 20877

Health Services: 301-216-0880
WIC: 301-840-8339

Germantown
19540 Amaranth Drive
Germantown, MD 20874
301-515-7576

Langley/Takoma Park
7676 New Hampshire Avenue
Suite 220
Takoma Park, MD 20912
Health Services: 301-431-2972
WIC: 301-439-7373

Silver Spring/Aspen Hill
13415 Connecticut Avenue
Suite 100
Silver Spring, MD 20906
301-438-7456

Maryland Department of Health and Mental Hygiene
[WIC Administration](#)
201 West Preston Street
P.O. Box 13528
Baltimore, MD 21203-3528
Phone: (410) 767-5242
Toll-free in-state: 1 (800) 242-4WIC or 1 (800) 242-4942
TTY: 1 (800) 735-2258
Fax: (410) 333-5243