

Virginia School Breakfast and Lunch Programs

What are the School Breakfast and Lunch Programs?

The Virginia School Breakfast and Lunch Programs provide nutritionally balanced, low-cost or free lunches to school-aged children. The program is available to parents or primary caregivers responsible for a child who attends school (K-12).

How does it work?

The reduced price is \$0.30 for breakfast and \$0.40 for lunch. Lunch menus must provide one-third of the daily-recommended levels for protein, calcium, iron, Vitamin A, Vitamin C and calories. Breakfast menus must provide one-fourth of daily-recommended levels. After-school snacks are given to eligible children in participating after-school programs. Programs in areas where 50% of students are eligible for free or reduced-price meals may serve all of their snacks for free.

Income Limits

People in Household	Yearly Income
1	\$20,036
2	26,955
3	33,874
4	40,793
5	47,712
6	54,631
7	61,550
8	68,469
Each additional member	+6,919

Adapted from: Free/Reduced Price Meals, 2009-2010. Fairfax County Public Schools. 29 June 2010.
http://www.fcps.edu/ss/translations/PDF_FILES/forms/freeandreducedlunchapplication/spanish.pdf

If you currently receive Food Stamps or TANF, your child will qualify for free meals. Foster children may also receive free or reduced price meals regardless of income.

How does one apply?

- Contact your child's school to apply or find out more about food served under the program.
- Download an [application](#) from the [Arlington Public Schools Food Service](#) webpage.

Contact Information

Arlington Public Schools

1426 N Quincy Street

Arlington, VA 22207

Phone (General information): (703) 228-6000

Phone (Food Services): (703) 228-6130