

Virginia School Breakfast and Lunch Programs

What are the School Breakfast and Lunch Programs?

The School Breakfast and Lunch Programs provide nutritionally balanced, low-cost or free lunches to school-aged children. The program is available to parents or primary caregivers responsible for children who attend school (K-12).

How do they work?

The reduced price is \$0.30 for breakfast and \$0.40 for lunch. Breakfast and lunch may also be available free. Lunch menus must provide one-third of the daily-recommended levels for protein, calcium, iron, Vitamin A, Vitamin C and calories. Breakfast menus must provide one-fourth of daily-recommended levels. After-school snacks are given to eligible children in participating after-school programs. Programs in areas where 50 percent of students are eligible for free or reduced-price meals may serve all of their snacks for free.

If you currently receive Food Stamps or TANF, your child will qualify for free meals. Foster children may also receive free or reduced price meals regardless of income.

Income Limits

People in Household	Yearly Income
1	\$20,036
2	26,955
3	33,874
4	40,793
5	47,712
6	54,631
7	61,550
8	68,469
Each additional member	+6,919

Adapted from: Free/Reduced Price Meals, 2009-2010. Fairfax County Public Schools. 29 June 2010.
http://www.fcps.edu/ss/translations/PDF_FILES/forms/freeandreducedlunchapplication/spanish.pdf

How does one apply?

- Contact your child's school to obtain an application or find out more about food served under the program.
- Download an application from the [Alexandria City Public Schools](#) website.

Contact Information

Alexandria City Public Schools
Food and Nutrition Services
2000 North Beauregard Street
Alexandria, VA 22311
Phone: (703) 824-6640